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McArdle disease (glycogen storage disease Type V; MD) is a myopathy caused by genetic defects in myophosphorylase, the skeletal muscle isoform of the enzyme glycogen phosphorylase. The first case was described in 1951 by Brian McArdle [1].

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McArdle disease (glycogen storage

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disease Type V; MD) is a metabolic myopathy caused by a deficiency in muscle glycogen phosphorylase.

(PDF) McArdle Disease and Exercise Physiology

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